



McCaig Elementary

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**AN ENGLISH
 EDUCATION,
 A BILINGUAL
 FUTURE**

**UNE
 ÉDUCATION
 EN ANGLAIS,
 UN AVENIR
 BILINGUE**



COMMISSION SCOLAIRE SIR-WILFRID-LAURIER
 SIR WILFRID LAURIER SCHOOL BOARD
www.swlauriersb.qc.ca



**McCaig Celebrates Kindness
 March 19th-23rd**

"No act of kindness, no matter how small, is ever wasted."
 — From "The Lion and the Mouse" (**AESOP'S FABLES**)

Dear Parents,

It is with excitement that we inform you about our upcoming Kindness and Respect Week and the special activities we have planned. We hope to inspire and celebrate kindness. From taking care of our school and greeting others with a smile, to inviting someone to play and simply saying please and thank you, we will show the students, *"When you are kind to others, it not only changes you, it changes the world."* – Harold Kushner

Below, you will find a breakdown of the week. We would like to invite you to discuss our daily challenges with your child(ren) and encourage their participation.

Date	Daily Challenges	Special Activities
March 19th:	Being kind is really cool. Help clean up and take care of your school.	Kindness Week Kickoff Assembly
March 20th:	Be kind to those you meet. Take time to smile and greet.	Pink Shirt Day Wear a pink shirt! Bullying Prevention Awareness (Pink Shirt Day has been changed to Tuesday, March 20th.)
March 21st:	Playing with others and making friends is fun. Make an effort and include EVERYONE!	
March 22nd:	Say please and thank you, manners are great. Show that you're grateful and appreciate.	
March 23rd:	As you WALK through doorways and down the hall, Be respectful to one and all.	Heritage Day Dress to celebrate your heritage! <i>Celebrating What Makes Us Unique</i>

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Additional Information:

All classes, from kindergarten to grade six, will be reading Mary Reckmeyer and Tom Rath's book; *How Full is Your Bucket?* This book explains that when we are kind to others, we "fill their bucket," making them feel cared for and appreciated. Throughout the week, the different cycles will work together to fill their buckets as they perform acts of kindness. Teachers will give out pompoms to put into the bucket when they notice a genuine act of kindness.

Students will also celebrate each other's acts of kindness by adding a paper heart to our kindness tree in the front lobby when someone is especially kind to them.

Each class will be invited to work on their own special kindness project as well participating in a school wide kindness project (more information to follow).

We hope that you will join us as we encourage our students to choose to be kind and respectful and celebrate their acts of kindness.

Thank you,

McCaig's Kindness and Respect Committee