

Saint-Jérôme, September 7, 2017

TO PARENTS OF STUDENTS ATTENDING ELEMENTARY AND SECONDARY SCHOOLS  
OF ALL SCHOOL BOARDS IN THE LAURENTIAN REGION

**SUBJECT: PROCEDURE FOR SEVERE ALLERGIES**

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Dear Sir,  
Dear Madam:

We wish to inform you that a new standardized procedure for severe allergies will be applied from now on in all schools in the Laurentian region.

As of now, the school nurse will take note of the health record of each student, prepare a list that includes the name of all students with severe allergies and the nature of their allergy, and hand over this list to the school administration. This is why it is important that you write down all your child's health problems, including allergies, in the health record you receive each year. We remind you that you must notify the school of any new problem or change in your child's condition during the school year.

If your child shows symptoms of an allergic reaction, the injection of epinephrine, such as the EpiPen® or Allerject®, will be quickly administered<sup>1</sup> and your child will be sent to emergency services. In exceptional situations, the school nurse will contact you to prepare a special intervention plan that will be given to the school administration.

Students in kindergarten and in secondary I, as well as students who have been newly diagnosed will be assessed for severe allergies. If your child's condition has not changed in the last school year, his or her name will simply be included once again in the list handed over to the school. If needed, the school nurse will contact you.

Should you have any questions, please contact the administration of your school who will refer you to the school nurse.

We thank you for your cooperation and wish you a successful 2017-2018 school year.



Éric Goyer, M.D., M.Sc., FRCPC  
Director of Public Health

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<sup>1</sup> Reference: Dr. Colette Lachaine, National Medical Director of Prehospital Emergency Services, Direction adjointe des services préhospitaliers d'urgence, Ministère de la Santé et des Services sociaux du Québec