



Traiteur Piccola Gioia Catering  
www.piccolagioia.com

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McCaig Menu Plan from Oct 4 to Oct 29

Day / Date	Meals		Daily Vegetable Included	Smart Meals		Snack Drink incl.	Soup (Option)
	No.	Description		No.	Description		
Mon Oct 4	1	Farfalle Bolognese	Mirepoix	4	Filet of Sole	Oatmeal Granola Bar	Chicken
	2	Chicken burger with baked fries	Corn Kernels	5	Chicken Pot Pie	Organic Fruit Juice	Noodle
	3	Chicken Cutlet Pannini	Baby Carrots				
Tue Oct 5	1	Grilled Cheese Double Decker	Baby Carrots	4	Battered Cod Sticks	Yogurt	Italian
	2	Italian Meatballs & Garlic bread	Mirepoix	5	Maple BBQ Meatballs	Grape & Apple Juice	Pastina
	3	Turkey Pita Roll	Cucumber Sli				
Wed Oct 6	9	FUNDRAISER PIZZA				Organic Fruit Juice	
			Baby Carrots				
Thu Oct 7	1	Spaghetti Meatballs	Mirepoix	4	Salmon Nuggets	House Oatmeal Cookie	Mini Cheese
	2	Maple Bbq chicken	Pea & Carrot	5	Terivaki Steak & Brocoli	Grape & Apple Juice	
	3	Chicken Club Sandwich	Sweet Pickles				
Fri Oct 8	1	Egg Muffin with Sausage Paddy	Pea & Carrot	4	Filet of Sole	Oatmeal Muffin	Chicken
	2	Tacos	Salad	5	General Tao Chicken	Milk	Noodle
	3	St. Viateur Bagel + Cream Cheese	Baby Carrots				
Mon Oct 11		THANKSGIVING					
Tue Oct 12	1	Rigatoni with Meatballs	Mirepoix	4	Battered Cod Sticks	Yogurt	Italian
	2	Steak & Brocoli	Broccoli	5	Maple BBQ Meatballs	Grape & Apple Juice	Pastina
	3	Turkey Pita Roll	Cucumber Sli				
Wed Oct 13	1	Penne Gratine	Mirepoix	4	Fish Cakes	Ficello Cheese Stick	Soup Won
	2	Shepherds Pie	Cream of corr	5	Sorin roll / chicken fried rice	Organic Fruit Juice	Ton
	3	Chicken Salad Croissant	Baby Carrots				
Thu Oct 14	1	Mac and Cheese	Baby Carrots	4	Salmon Nuggets	House Oatmeal Cookie	Mini Cheese
	2	French Toast / Sausage / Potatoes	Corn Kernels	5	Terivaki Steak & Brocoli	Grape & Apple Juice	
	3	Chicken Club Sandwich	Sweet Pickles				
Fri Oct 15		PEDAGOGICAL DAY					
Mon Oct 18	1	Cheese Cannelloni Duo / Penne	Mirepoix	4	Filet of Sole	Oatmeal Granola Bar	Chicken
	2	Chicken Hotdogs	Coleslaw	5	Chicken Pot Pie	Organic Fruit Juice	Noodle
	3	Chicken Cutlet Pannini	Baby Carrots				
Tue Oct 19	1	Grilled Cheese Double Decker	Baby Carrots	4	Battered Cod Sticks	Yogurt	Italian
	2	Chicken burger with baked fries	Corn Kernels	5	Maple BBQ Meatballs	Grape & Apple Juice	Pastina
	3	Turkey Pita Roll	Cucumber Sli				
Wed Oct 20	9	FUNDRAISER PIZZA				Organic Fruit Juice	
			Baby Carrots				
Thu Oct 21	1	Hamburger & baked fries	Corn Kernels	4	Salmon Nuggets	House Oatmeal Cookie	Mini Cheese
	2	Cheeseburger & baked fries	Corn Kernels	5	Terivaki Steak & Brocoli	Grape & Apple Juice	
	3	Chicken Club Sandwich	Sweet Pickles				
Fri Oct 22	1	Spaghetti Meat Sauce	Mirepoix	4	Filet of Sole	Blueberry Muffin	Chicken
	2	Tacos	Salad	5	General Tao Chicken	Milk	Noodle
	3	St. Viateur Bagel + Cream Cheese	Baby Carrots				
Mon Oct 25	1	Mini Tortellini Cheese	Mirepoix	4	Filet of Sole	Oatmeal Granola Bar	Chicken
	2	Chicken Nugget / white rice	Pea & Carrot	5	Chicken Pot Pie	Organic Fruit Juice	Noodle
	3	Chicken Cutlet Pannini	Baby Carrots				
Tue Oct 26	1	Rigatoni Gratine	Mirepoix	4	Battered Cod Sticks	Yogurt	Italian
	2	Pancake / sausage / potatoes	Sweet corn	5	Maple BBQ Meatballs	Grape & Apple Juice	Pastina
	3	Turkey Pita Roll	Cucumber Sli				
Wed Oct 27	1	Lasagna	Mirepoix	4	Fish Cakes	Ficello Cheese Stick	Soup Won
	2	Chicken Caesar Salad	Salad	5	Sorin roll / chicken fried rice	Organic Fruit Juice	Ton
	3	Chicken Salad Croissant	Baby Carrots				
Thu Oct 28	1	Penne Meatballs	Mirepoix	4	Salmon Nuggets	House Oatmeal Cookie	Mini Cheese
	2	Turkey Burger & Potatoes	Corn Kernels	5	Terivaki Steak & Brocoli	Grape & Apple Juice	
	3	Chicken Club Sandwich	Sweet Pickles				
Fri Oct 29	1	Cabane a Sucre Dav	Corn Kernels	4	Filet of Sole	Vanilla Muffin	Chicken
	2	Hamburger Steak	Cubed carrots	5	General Tao Chicken	Milk	Noodle
	3	St. Viateur Bagel + Cream Cheese	Baby Carrots				

Please indicate your Meal or Smart Meal choice below.			Meal Plan from Oct 4 to Oct 29 inclusive			
Day / Date	Enter meal no. below	Soup Yes/ No	Order Information			
			School Name		Student Home Room	
			McCaig			
Mon Oct 4			Student Family Name			
Tue Oct 5			Student First Name			
Wed Oct 6			Parent /Guardian			
Thu Oct 7			Email Address			
Fri Oct 8			Home Phone No.		Cell. No.	
Mon Oct 11			Allergies			
Tue Oct 12			Lactose	Soy	Peas	
Wed Oct 13			Eggs	Milk	Tree Nuts	
Thu Oct 14			Red Meat	Mayo	Seafood	
Fri Oct 15			Other (specify)			
Mon Oct 18			Payment Schedule			
Tue Oct 19			Item	Qty.	Unit Price	Amount (\$)
Wed Oct 20			A. Total No. of Soups Only (no meal)	X	\$2.25	
Thu Oct 21			B. Total No. of Meals or Fund Raiser Pizza (no soups)	X	\$5.75	
Fri Oct 22			C. Total No. of Meals with soup option	X	\$7.00	
Mon Oct 25			Total for this Order (A+B+C)			
Tue Oct 26			Monthly School Note			
Wed Oct 27			DEADLINE DATE:			
Thu Oct 28			ONLINE ORDERS :SEPT. 30,2021(MIDNIGHT)			
Fri Oct 29			PLEASE REGISTER ON LINE FOR ALL ORDERS www.piccolagioia.com			
			Terms and Conditions For Paper Orders			
			1) PLEASE RESPECT DEADLINE DATE			
			2) ALL EMAIL ORDERS MUST BE ACCOMPANIED BY A CREDIT CARD NUMBER, EXPIRY DATE AND CVD NUMBER			
			3) ALL PAPER ORDERS MUST BE PAID BY CHECK OR CASH VIA YOUR SCHOOL			
			4) THERE WILL BE NO CHECKS ACCEPTED LESS THAN \$20.00 DOLLARS			
			5) THERE WILL BE A \$20.00 DOLLAR FEE FOR ALL NSF CHECKS THIS INCLUDES BANK AND ADMINISTRATION FEES WE RESERVE THE RIGHT TO CANCEL THE ORDER IF CHECK IS NOT REPLACED IMMEDIATELY			

Please cut along dash line and return the Order Information back to Piccola Gioia. Thank You.